



# Announcing....

 durham hospice

is

starting a new drop-in bereavement  
support group in Uxbridge!

Join us on Tuesday July 15<sup>th</sup>

From 7-9pm

at

**Durham Hospice**

14 Brock St. E., Uxbridge

For a pot-luck supper & launch of this new program.

The drop-in bereavement support group will run every Tuesday from 7-9pm. It will provide a safe, supportive atmosphere facilitated by trained volunteers. By connecting with others who are also dealing with grief, you can gain insight and develop strategies to cope and move towards healing.

For more information & to register for the

pot-luck call **Kirsten**

at Durham Hospice (905) 852 4461



*Companions through palliative transitions.*